



Sound Solutions
therapy services

OCCUPATIONAL THERAPY

Occupational Therapy at Sound Solutions focuses on helping clients master the skills essential for performing everyday tasks, whether at home, school, work, or in the community. Our approach is rooted in a deep understanding that each client's needs are unique, and thus we tailor our interventions to suit individual goals and lifestyles.



VISIT OUR WEBSITE



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About Who we are

Founded in 2012, Sound Solutions Therapy Services has grown to become one of the leading services in occupational therapy, offering a range of programs designed to support individuals of all ages.



Where we're headed

Sound Solutions Therapy Services strives to enhance social justice, freedom, and acceptance while powering brighter futures for individuals in their communities and celebrating culture, diversity, and individuality.



How do we make it happen

We dare to discuss the unspoken and challenge the social expectations to achieve best outcomes for all individuals whilst upholding our values. We will provide services that demonstrate their flexibility, agility, and willingness to face challenges and the complex needs of all individuals.





Benefits of Occupational Therapy



Improved Daily Living Skills



Enhanced Quality of Life



Comprehensive Support for All

Improved Daily Living Skills: Occupational therapy improves daily living skills through personalised interventions that increase independence in everyday activities.

Enhanced Quality of Life: Our occupational therapy focuses on improving life satisfaction by empowering clients to overcome physical and cognitive challenges.

Comprehensive Support for All: We offer tailored solutions for individuals at all life stages, from children to the elderly, improving their ability to engage actively in life.



Our Services

Fine Motor Skills

Enhancing dexterity and control in small muscle movements, crucial for tasks like writing and manipulating small objects.

Gross Motor Skills

Developing larger body movements that improve balance, coordination, and overall mobility.

Daily Living Skills

Training for basic personal care tasks such as brushing teeth and eating, as well as instrumental activities like household chores and cooking.

Sensory Processing

Helping individuals manage and respond to sensory stimuli in a way that is less overwhelming and more functional.

Leisure

Assisting clients in engaging and participating in leisure activities that enhance their quality of life.

Adaptive Equipment

Recommending and training in the use of devices that aid in daily activities, enhancing independence.

Play-Based Therapy

Using play as a therapeutic medium to address various developmental issues in children.

AND MORE



The how and why **Our programs**

It Takes Two To Talk

HOW	WHY
Through practical workshops and individualised coaching, parents learn strategies to help their child develop foundational communication skills. This program emphasises responsiveness, the power of play, and the importance of routine interactions as learning opportunities.	By participating, parents can foster an environment that nurtures their child's language skills effectively, encouraging more frequent and meaningful communication.

Hanen Program

HOW	WHY
It involves training parents to become their child's most important language teachers. The program includes group sessions and individualised feedback, using video analysis to help parents observe and adapt behaviours that facilitate their child's communication in a structured yet natural manner.	Improves the child's ability to engage in back-and-forth interactions, understand others, and communicate for social purposes, which are vital skills for children on the spectrum.



The how and why

Our programs

Cont.

Mealtime Management

HOW	WHY
<p>We conduct detailed evaluations through clinical assessments and sometimes use specialised tools, like a videofluoroscopic swallow study, to closely examine how swallowing occurs. Based on the findings, we might adjust the texture of the diet, teach new swallowing techniques, and provide exercises to strengthen the muscles used in swallowing.</p>	<p>Reduces risk of aspiration, improves nutritional intake, and enhances mealtime safety and enjoyment.</p>

Paediatric Feeding, Dysphagia

HOW	WHY
<p>Through thorough assessments, we identify the root causes of feeding challenges. Our intervention strategies may incorporate sensory techniques, behavior adjustments, and training to parents or caregivers to effectively support their loved one's feeding development.</p>	<p>Helps clients develop safe, effective swallowing mechanisms and promotes a positive mealtime experience, ensuring adequate nutrition and growth.</p>



Pricing



Hourly Rates

\$193.99 | per hour for Occupational Therapy consultations.



Full Day Programs

\$3000 | for day programs.

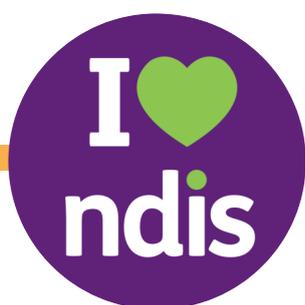


ADOS Assessments

\$900.00 | per assessment.



Funding Options



medicare



Our services are fully compatible with **NDIS funding**. We can help you navigate your plan to use it for necessary speech therapy services.

We ensure that your NDIS benefits are utilised optimally, aligning with your therapeutic goals.

We provide detailed information on claiming **Medicare rebates** for eligible speech therapy sessions while reducing your out-of-pocket expenses and facilitating accessible care.

Numerous private health insurance policies provide coverage for speech therapy sessions. We offer guidance to help you decipher your policy benefits and streamline the claim process, ensuring you maximise the financial support available to you,



**Connect
With
Us!**

Our Contact

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